






HARMONY ACADEMY MENU FOR September 15th – September 19th, 2025

MONDAY 15th	TUESDAY 16th	WEDNESDAY 17th	THURSDAY 18th	FRIDAY 19th
BREAKFAST				
pancakes pears milk 	blueberry muffin mixed fruit milk 	sausage biscuit oranges milk 	scrambled eggs diced pineapple milk 	whole grain cereal diced peaches milk 
LUNCH				
chicken nuggets french fries green beans milk	turkey sandwich sweet potato fries pickles milk	mini corndogs (chicken) french fries diced carrots milk	fish sticks tater tots sweet peas milk	cheese pizza whole kernel corn baked beans milk
SNACK				
cheese sticks whole grain crackers water	unsweetened applesauce animal crackers ice water	cheese toast 100% fruit juice	fresh apple slices animal/graham crackers ice water	strawberry banana yogurt animal crackers ice water